

# 5 popular binding solutions explained.

Not all binding types suit everyone. Here, we outline the most common types of binding to help you understand which type may suit your business.

#### Saddle Stitch Binding

Saddle stitch binding requires a page count of between 8 and 96, in multiples of 4. The reason being, the pages of a saddle stitched book are printed double sided, folded in half (creating 4 pages) and then stapled.

This type of binding is suitable for documents that won't require updating on a regular basis.

#### Perfect Binding

Perfect binding is best suited for documents with page counts of between 40 and 400. Individual pages are glued together and encased in a cover which creates a 'spine'. A very neat way to bind any document.

This type of binding is suitable for documents that won't require updating on a regular basis.

#### Wire Binding

Wire binding can accomodate up to 240 pages on 80gsm stock (120 sheets when printed double sided) + a front & back cover. The pages are 'punched' and then the wire binding is fed into the holes created and clamped closed.

This type of binding is suitable for documents that won't require updating on a regular basis.

#### **Comb Binding**

Comb binding can accomodate up to 600 pages on 80gsm stock (300 sheets when printed double sided) + a front & back cover. Similar to wire binding, the pages are 'punched' and then the comb is fed into the holes created and is self closing.

This type of binding is suitable for documents that may require updating.

### **Ring Binding**

Ring binding can accomodate up to 700 pages on 80gsm stock (350 sheets when printed double sided). The pages are hole-punched and then inserted into the ring binder. Custom covers and spine can also be printed and inserted into the ring binder.

This type of binding is suitable for documents that may require regular updating.

*NB - Dividers and plastic sleeves can be inserted and bound using the Wire, Comb And Ring binding methods only.* 

# For further information and advice, contact your local MBE store.



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